

East Anglian Orienteering Association

Presents

the

**29th PETER PALMER
JUNIOR TEAM
RELAY**

at

**Stowe National Trust
September 9th/10th
2023**

Final Details as of 22/08/23

www.eaoa.org.uk

EVENT OFFICIALS

Organiser	Freya Askham SMOC
Website & Entries	Helen Nisbet SMOC
Planner	Dorien James SMOC
Controller	Barry Elkington OD
Start and Changeover	Ros James SMOC
Download and Results	Rod Mansel SUFFOC
First Aid	Debbie Charlton SMOC

ACKNOWLEDGEMENTS

National Trust Stowe - for the use of Stowe Gardens

Akeley Wood School - for the use of their facilities

Members of the EAOA Clubs - for all their help

Team Leaders and Coaches - for bringing their teams

COVID 19

All participants must follow the British Orienteering Participants Code of Conduct. For more details go to

https://www.britishorienteering.org.uk/COVID19_participant_code_of_conduct

TRAVEL DIRECTIONS:

BY ROAD

The Event Centre and accommodation will be at Akeley Wood Senior School, Bycell Road, Buckingham MK18 5AE. Entrance to the school is at scout.camera.composes

(Please note that Akeley Wood School has several sites so make sure you arrive at the correct location!)

BY RAIL

The nearest train station is Milton Keynes Central. There are several bus services to Buckingham but a taxi would be required to reach the school from there.

EVENT CENTRE AND ACCOMMODATION LAYOUT

The Event Centre and accommodation will be at Akeley Wood Senior School, Bycell Road, Buckingham MK18 5AE

(More details to follow)

WELCOME TO STOWE

We are pleased to welcome all the Junior Orienteers and their coaches, leaders and helpers to the Peter Palmer Junior Team Relay at Stowe. Whichever leg that you are running, I hope that you enjoy your course and the experience of the Junior Team Relay.

Stowe has a recent history of successful junior events as the 2021 British Schools Orienteering Championships were held here.

Everyone helping this weekend will be trying their best to put on a good event. We hope that you all enjoy yourselves and that you will encourage others to come along to next year's Peter Palmer Junior Team Relay.

Freya Askham, Organiser PPJTR 2023

ENTRIES

All entries for this event should be via Fabian4 using the following link:

<https://www.fabian4.co.uk/default.aspx?EventID=3500>

Entry Fees

Entry fees are based on £17 per competitor and £12 per supervisor. This includes overnight accommodation and a continental style breakfast.

The following charges will apply when entering via Fabian 4

PPJTR of 8 runners and 2 supervisors - £160

A Daybreak Relay team of 6 runners and 2 supervisors - £126

Additional entry fees and Refunds

All entry fees should have been paid for via Fabian 4. If there are any additional team managers that have not already paid via Fabian4 please pay at Registration. Additional team managers will be charged £12 per person for their accommodation and breakfast. Please pay by cash if possible.

If you are a team manager and you are managing more than one team you will be entitled to a £12 refund for each additional team you are managing.

If you have less than 8 runners in your team(s) for the PPJTR and/or less than 6 runners in your team(s) for the Daybreak Bowl you will also be entitled to a refund as follows:

PPJTR with only 7 runners - £17 or PPJTR with only 6 runners - £34

Daybreak Bowl with only 5 runners £17 or Daybreak Bowl with only 4 runners £34. Refunds will be paid by bank transfer after the event. Please complete a refund form and provide appropriate bank account details at Registration.

Closing date for team entries is 3/9/23.

Team Declarations

Team declarations open on 30/8/23 and close on 6/9/23. To declare who is running which leg and their details please use the Fabian Amend Entry function you were sent having entered your team (s) to obtain access to your entry.

After gaining access click “Declare” and follow the instructions.

If you are not filling all 3 lap 5 Yellow slots of PPJTR with team members (lap3 Yellow slots of Daybreak Bowl) then declare the 2nd and/or 3rd runners using BOF number 494050 (Freya’s BOF number).

If your team is eligible for any 1 or more of the trophies then declare your team as competitive (ignoring the wording on the declaration page which is designed for BOCs and JKs).

Please declare all your teams by 23:59 on 6th September at the latest. It is possible to amend your declaration up until this time. Any changes after this can only be made at registration on Saturday 9/9/23 from 6.00pm -8.00pm.

ARRANGEMENTS FOR SATURDAY 9th SEPTEMBER 2023

REGISTRATION

Registration will be at Akeley Wood Senior School between 6.00 pm and 8.00 pm on Saturday 10th September 2022.

All Team leaders will be required to report to registration to confirm their teams, state which Trophy or Trophies the team is eligible for and notify the registration team of any late changes to the team. The following details will be required:

The team name, club, leader, forenames and surnames of each leg runner together with their BOF no and BOF age group (all competitors must be Juniors in the age range M/W12 to M/W18) and SI card number will be required. The names of any additional helpers/coaches are also needed.

If any team members need to hire SI cards, please collect these at registration.

If your team won a trophy last year please hand this in at Registration

REMINDER: To be competitive, all team members must be either members of British Orienteering or attend a school, college or university which has a formal association with a club. Juniors who are members of British Orienteering, must meet the club representation eligibility requirements in the British Orienteering Rules of Orienteering. 2.1.5. Juniors who are not members of British Orienteering are permitted to compete in this competition provided that this is the only "Open" club that they compete for in any competition during the year.

Peter Palmer, Joan George and Norwich Trophies

Teams of six (up to eight if running multi-runners on the Yellow leg) must have at least two legs run by boys and two legs run by girls. For leg 5 to count as a girls (boys) leg all three runners must be girls (boys).

No person will be allowed to run twice.

Daybreak Bowl

Teams of four (up to six if running multi-runners on the Yellow leg) must have at least one leg run by a boy and one leg run by a girl.

Full details of the Competition Rules for the Peter Palmer Relays can be found [here](#).

At registration, you will be issued with Bibs stating your team and leg numbers, pins, and SI dibbers (if hired).

IMPORTANT SAFETY ISSUE. Team managers please ensure your team members write their name, their club, their team manager's name and team managers mobile tel no, any medical condition and any medication on the back of their bib.

Each team will be allocated an indoor sleeping area in the school sports dome.

FACILITIES

Saturday evening - Food

A Fish & Chip van is going to attend Akeley Wood School between 6.30-8.30pm on the Saturday evening. In order to confirm this the organiser needs to be confident of sufficient customers. If your team would like buy dinner from the van please can you [email Freya \(fixtures@smoc.info\)](mailto:fixtures@smoc.info) to let her know.

There will be tea and coffee making facilities available at the school.

You may also bring your own food or visit the nearby town centre of Buckingham where there are restaurants and take-away food shops. Details of these can be found on google maps.

5-a-side football

A competition will be arranged for Saturday night between 6.00pm and 8.00 pm on the outside all-weather pitch. Training shoes are required for this activity and shinpads are suggested. If you wish to take part in this please sign up for this at registration.

Toilets and showers

These will be available at the school. There will be just one toilet in the Arena/Start/Finish area

Showers will be available in Akeley Wood School

The whole of Stowe NT is **OUT OF BOUNDS** before the event.

Sleeping Arrangements

Each team will be allocated floor space in the sports dome in the school. Please use this

area only and keep it tidy and litter free. Sleeping areas will be available from 19:00hrs. Each person will need a lilo or sleeping mat, sleeping bag, pillow and alarm clock.

Please respect this as our ability to use Akeley again for future events may be compromised by inappropriate behaviour. Please pay attention to instructions given by Event Officials and/or School Staff.

NOTE.

This is a UK event so the British Orienteering O-Safe Child Safeguarding Policy & Safeguarding adults at risk forms part of the event rules and we expect all teams and those involved to be working to them. For details go to

<https://www.britishorienteering.org.uk/safeguardingandsafety>

We draw your attention to Child Non-Formal Accommodation and Sleeping Arrangements Guidance. For this (overnight) event, each team(s) must be accompanied by a minimum of one male and one female adult supervisor who have undergone appropriate checks for criminal records, i.e. enhanced criminal record checks with barred list check or their own national equivalent for Northern Ireland, Scotland and non-UK clubs.

Team leaders should ensure that all team members are in bed and quiet by **LIGHTS OUT** at 10.30pm. Please ensure that all team members show consideration for others. Some people may wish to go to bed early as they will be getting up whilst others are still asleep. Please be quiet in sleeping areas.

TEAMS ARE NOT ALLOWED TO CAMP IN THE SCHOOL OR STOWE NT

Smoking and the consumption of alcohol is not permitted at the Event as it is being run under British Orienteering rules.

Arena & start

The Arena which includes the Start and Finish, is 1.25km from the Event Centre. The route will be taped but not lit during the night. Teams should take the opportunity to familiarise themselves with the way during Saturday evening whilst it is still light.

COMPETITION DETAILS

SUNDAY 10th SEPTEMBER 2023 - THE PPJTR WILL START AT 5.00 am and THE DAYBREAK BOWL WILL START AT 6.00am

First Leg runners for PPJTR must be ready to start by **05:00am**. at the latest.

First Leg runners for Daybreak Bowl must be ready to start at **06:00am** at the latest.

Peter Palmer Junior Team Relay - The first lap should be run in darkness. Leading teams will start the second lap still needing a light to read the map, but most of this leg should be run at dawn.

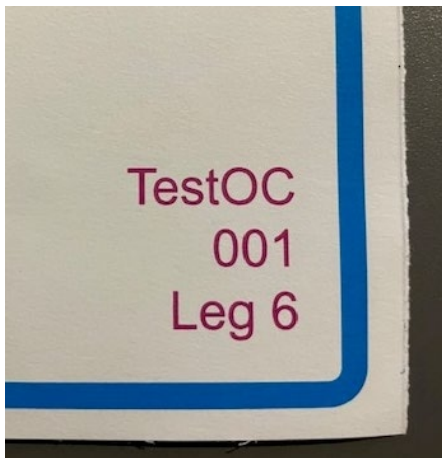
Daybreak Bowl- All four laps should be run in daylight, although first leg runners may need a light to read the map in the woods. For details of the layout of the arena please see next page.

A small tent will be available at the change-over area for the deposit of clothing. Club tents can also be put up in the adjoining assembly area and can be left out overnight at your own risk.

Team numbers must be clearly visible pinned to the front of "O" tops.

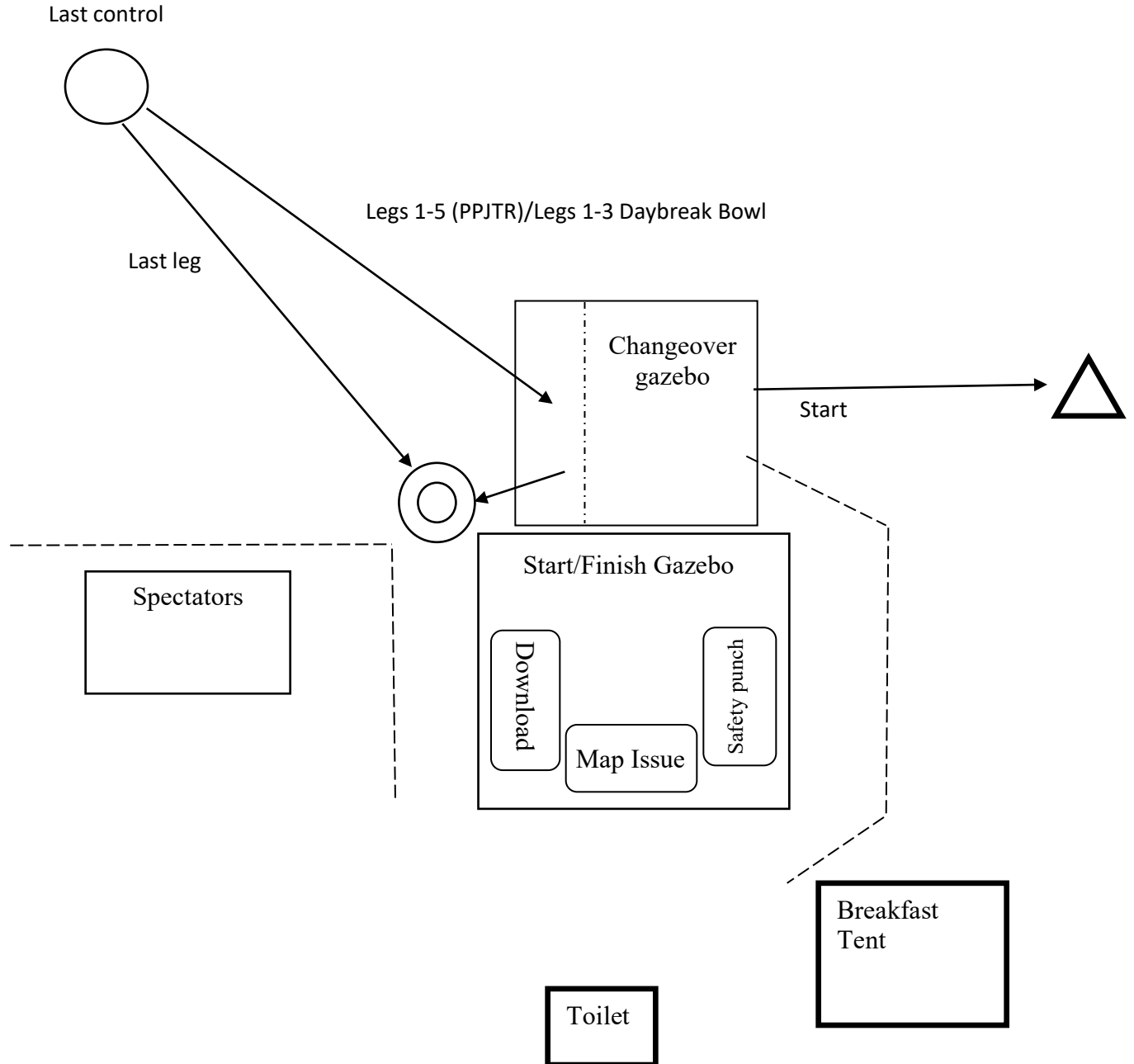
Whistles are compulsory.

Maps will be clearly labelled with the team name (if registered before map printing), team number and the leg number in the bottom right hand corner of the map and these will be clearly visible. (See example below). Runners should pay attention and check that their team & leg number matches their bib.



All competitors **MUST** go through the map issue tent to clear and check their dibbers and to punch the safety control.

Design of Arena (not to scale)



Maps for the first leg runners will be handed to each runner on the start line.

Second and subsequent leg runners will collect their map as they go through the map issue tent.

From the Mass Start/changeover, all runners will follow tapes about 100m to the Start-kite, which will be situated on a gate. On the map, the triangle indicates the position of the Start-kite, and NOT the changeover.

LEG 5 Peter Palmer Trophy & LEG 3 Daybreak Bowl: There will be a map for each team member running these legs (up to 3) and all runners will go through the map issue tent.

From the last control runners must cross the finish line and then touch their next team runner **before** punching at the finish box. Please download your dibber and then you must place your map in the team bags which will be provided. These can then be collected by one member of a team once all the last leg runners have started their runs. Overall team positions at the end of the Final leg will be taken when runners cross the finish line.

There will be no demonstration of the change-over sequence.

There will be MINI MASS STARTS at the Controller's discretion.

Controls

SportIdent Punching will be used for this event. Controls will **not** be Air enabled. SIACs may still be used, but competitors must punch each control in the usual manner. Please check the control codes and dib in carefully.

Due to the shape of the area there is no spectator control this year, however the final few controls on each course are visible from the spectator area so you will have plenty of time to sort yourself out before the changeover.

In the event of an SI box not working at any control runners should punch their map with the conventional pin punch attached to the flag.

All competitors take part at their own risk.

Teams that have had runners disqualified WILL be allowed to continue.

RESULTS

We are hoping to be able to provide live results at the event which you can view on your mobile phones etc. These will be available via the SMOC website. We will also have a results tent with laptop showing live results in the arena.

PRIZE GIVING

The presentation of trophies and prizes to the first three teams in each Competition will take place in the Assembly Area at approximately 9.30am. In addition to prizes for the winning teams there will also be spot prizes for individual competitors. Please come along to the prize giving ceremony with your race number. Even if your team didn't win – you may still get a prize – but only if you come to the prize giving with your race number !

PLANNER'S NOTES

Terrain

The landscape and gardens at Stowe Park were designed by 'Capability' Brown. There are many paths of various sizes winding their way between open grassland and small pieces of woodland. The woodland is mostly either open (white) or best avoided (dark green). Within the grounds are lakes and ponds, and an assortment of historic bridges along with numerous temples and statues.

Maps

All maps are at a scale of 1:5,000 with 2.5 metre contours, and will be printed on SRA4 waterproof paper (slightly bigger than A4).

Control Descriptions:

Written control descriptions will be printed on the front of the map.

Loose written control descriptions will not be available.

COURSES

PPJTR COURSE LENGTHS AND DIFFICULTY:

	<u>Length</u>	
Leg 1	5.2km	Red Standard
Leg 2	5.2km	Red Standard
Leg 3	4.5km	Light Green Standard
Leg 4	3.8km	Orange Standard
Leg 5	2.3km	Yellow Standard
Leg 6	7.1km	Green Standard

Warning: Legs 1 and 2 are similar in distance and difficulty, but individual competitors will not be running the same courses. Some controls are common, some are not. Similarly, parts of legs 3 and 6 are also gaffled. Remember that this is a relay race and disqualification will wreck the entire team's chances. Check the control codes carefully.

DAYBREAK BOWL COURSE LENGTHS AND DIFFICULTY

	<u>Length</u>	
Leg 1	5.2km	Red Standard
Leg 2	3.8km	Orange Standard
Leg 3	2.3km	Yellow Standard
Leg 4	5.2km	Red Standard

Warning: Legs 1 and 4 are similar in distance and difficulty, but individual competitors will not be running the same courses. Some controls are common, some are not. Remember that this is a relay race and disqualification will wreck the entire team's chances. Check the control codes carefully.

Out of Bounds areas

Competitors must be made aware that:

- it is forbidden to cross ANY fence
- it is forbidden to cross the flowerbeds marked with the dark green "vegetation: forbidden to cross" symbol, including by jumping over them.

GENERAL INFORMATION

Breakfast

We will be serving a continental style breakfast from 7am -9.30am in the Arena to each team member including team leaders. The cost for this has been included in the team entries.

First Aid

A First Aid Kit, defibrillator and First Aider will be available. The nearest Accident and Emergency Department is at Milton Keynes General MK6 5LD.

Helpers

If any coaches or helpers are able to assist in the smooth running of the event without compromising the safety of their team please contact the event organiser [Freya Askham](#).

Check the EAOA website at www.eaoa.org.uk before departure for any last minute news.