

East Anglian Orienteering Champions	25th March 2018	19th March 2017	14th February 2016	1st February 2015	2nd March 2014	17th March 2013	15th January 2012	30th January 2011
	SOS	SMOC	SUFFOC	WAO	HAVOC	SOS	NOR	WAO
	Writtle Forest	Rushmere	Tunstall	Croxton Heath	Thorndon Park North	Writtle Forest	Lynford	Croxton Heath
W10	Abigail Prince SOS	Hebe Darwin WAO	Hebe Darwin WAO	-	Catherine Dudley DRONGO	Elizabeth Dudley DRONGO	Elizabeth Dudley DRONGO	Georgia Gower SOS
W12	-	Milly Ashkam SMOC	Jemima Borrill WAO	Lucy Warland SOS	Katja Ruda NOR	Rebecca Nisbet SMOC	Daisy Partridge SOS	Catherine Hemingway WAO
W14	-	Tamar Hopkins SMOC	Katja Ruda NOR	Rebecca Nisbet SMOC	Daisy Partridge SOS	Daisy Partridge SOS	Ella Gilbert NOR	-
W16	-	Chloe Cracknell SUFFOC	Chloe Cracknell SOS	Daisy Partridge SOS	Ella Gilbert NOR	Ella Gilbert NOR	Rhiannon Ware SOS	Rhiannon Ware SOS
W18	Chloe Cracknell SUFFOC	Katerina Skarkova NOR	Ella Gilbert NOR	Ella Gilbert NOR	-	-	Beth Albon SOS	Kate Harvey NOR
W20	Bronwen Mansel SUFFOC	Bronwen Mansel SUFFOC	-	-	Fiona Petersen CUOC	-	-	Harriet Burdett CUOC
W21/Open	Daisy Partridge SOS	Ella Gilbert NOR	Daisy Partridge SOS	Nina Tant SOS	Katrin Harding CUOC	Nina Tant SOS	Hazel Tant SOS	Blanka Collis DRONGO
W35	Lizzie Rosewell SUFFOC	Helen Bickle WAO	Lizzie Rosewell SUFFOC	Leanne Bailey NOR	Leanne Bailey NOR	-	Sacha Fisher SMOC	Sacha Fisher SMOC
W40	-	Freya Askham SMOC	Guro Harstad WAO	Guro Harstad WAO	Guro Harstad WAO	-	Tracey Apperley SOS	Rachel Pocock WAO
W45	Camilla Darwin WAO	Karen Vines SMOC	Camilla Darwin WAO	Rachel Pocock WAO	Rachel Pocock WAO	Rachel Pocock WAO	Rachel Pocock WAO	Alison Fox WAO
W50	Sally Wilkinson SUFFOC	Rachel Pocock WAO	Karen Goldsworthy NOR	Louise Walker SUFFOC	Sally Wilkinson SUFFOC	Helen Lloyd NOR	Helen Lloyd NOR	Helen Lloyd NOR
W55	Helen Nisbet SMOC	Helen Nisbet SMOC	Janet Cronk WAO	Kim Eden NOR	Hilary Sellens SOS	Lyn West SOS	Hilary Sellens SOS	Hilary Sellens SOS
W60	Janet Cronk WAO	Janet Cronk WAO	Rachel Thomas SMOC	Rachel Thomas SMOC	Janet Hill SOS	Noreen Ives WAO	Janet Howsam WAO	Hazel Bickle WAO
W65	Noreen Ives WAO	Rosie Shaw SMOC	Chris Gay SUFFOC	Chris Gay SUFFOC	-	Jenny Collyer SOS	Jenny Collyer SOS	Jenny Collyer SOS
W70	Jenny Collyer SOS	Jenny Collyer SOS	Geraldine Russell SOS	Jenny Collyer SOS	-	Seonaid Dudley WAO	Seonaid Dudley WAO	Seonaid Dudley WAO
W75	-	Sue Vine NOR	Seonaid Dudley WAO	Seonaid Dudley WAO	Seonaid Dudley WAO	Barbara George NOR	Barbara George NOR	Barbara George NOR
W80	Barbara George NOR	Barbara George NOR	Barbara George NOR	Ursula Oxburgh WAO	Barbara George NOR			
M10	Alexander Darwin WAO	Richard Askham SMOC	Oliver Prince SOS	Ben Partridge SOS	Barney Steventon-Barnes SUFFOC	Alex Wetherill WAO	Joshua Buist SOS	Matthew Clarke SUFFOC
M12	Theo Steventon-Barnes SUFFOC	Theo Steventon-Barnes SUFFOC	Thomas Martin SOS	Alex Wetherill WAO	Sam Hague WAO	Stephen Denby NOR	Matthew Clarke SUFFOC	Lewis Cooper WAO
M14	Barney Steventon-Barnes SUFFOC	James Price NOR	Sam Hague WAO	Matthew Clarke SUFFOC	Matthew Clarke SUFFOC	Tim Harrison SUFFOC	Sam Nicholls NOR	Bryn Wilkinson SUFFOC
M16	Sam Hague WAO	Sam Hague WAO	Matthew Clarke SUFFOC	Tim Harrison SUFFOC	Tim Harrison SUFFOC	Bryn Wilkinson SUFFOC	Bryn Wilkinson SUFFOC	Tom Hemingway WAO
M18	Matthew Clarke SUFFOC	Tim Harrison SUFFOC	Tim Harrison SUFFOC	Sam Nicolls NOR	Bryn Wilkinson SUFFOC	-	Thomas Louth WAO	Thomas Louth WAO
M20	-	Roderick Mansel SUFFOC	-	-	Sam Garforth NOR	Sam Garforth NOR	James Haynes WAO	Jonathan Cronk WAO
M21/Open	Andrew Stemp WAO	Jonathan Cronk WAO	Paul Pruzina CUOC	David Hodgkinson SUFFOC	Matthew Vokes CUOC	-	Laurence Ball NOR	Laurence Ball NOR
M35	-	Gjermund Vingerhagen WAO	Glen Richardson NOR	Neil Rosewell SUFFOC	Glen Richardson NOR	Glen Richardson NOR	Neil Carter SUFFOC	David Schroeder WAO
M40	Glen Richardson NOR	Sean Blanchflower WAO	-	Duncan Harrison SOS	Duncan Harrison SOS	Sean Blanchflower WAO	Ian Renfrew NOR	Ian Renfrew NOR
M45	Stephen Borrill WAO	Andrew Elliott SUFFOC	Duncan Harrison SOS	John Ward NOR	Angus Dudley DRONGO	Angus Dudley DRONGO	Steve Hinshelwood WAO	Michael Belshaw BAO/NOR
M50	Dil Wetherill WAO	Robert Campbell WAO	Andrew Henderson WAO	Dil Wetherill WAO	Michael Muggeridge HAVOC	Paul Beckett HAVOC	Paul Beckett HAVOC	Paul Beckett HAVOC
M55	Michael Muggeridge HAVOC	Michael Muggeridge HAVOC	Paul Beckett HAVOC	Jonathan Gilbert NOR	Richard Bonnett SOS	Richard Bonnett SOS	Kevin Smith NOR	Richard Bonnett SOS
M60	Peter Carlill NOR	Mike Capper WAO	Alun Roberts WAO	Clive Tant SOS	Andrew Welsh HAVOC	Martin Hore SUFFOC	Martin Hore SUFFOC	Michael Bickle WAO
M65	Mick Liston NOR	Mick Liston NOR	Nicholas Pugh SOS	Martin Hore SUFFOC	Michael Bickle WAO	Garry Parmenter HAVOC	John Collyer SOS	John Ward NOR
M70	Michael Bickle WAO	Garry Parmenter HAVOC	Garry Parmenter HAVOC	John Collyer SOS	Chris Morley WAO	John Ward NOR	John Ward NOR	Chris Morley WAO
M75	Chris Morley WAO	Chris Morley WAO	Chris Morley WAO	John Harvey NOR	John Webb SUFFOC	John Webb SUFFOC	Peter Leverington NOR	Peter Leverington NOR
M80	-	Peter Leverington NOR	Peter Leverington NOR	Mike Dudley WAO	Jack Isbester SOS			
Joan George Junior Trophy	Matthew Clarke SUFFOC	Chloe Cracknell SUFFOC	Daisy Partridge SOS	Tim Harrison SUFFOC	Bryn Wilkinson SUFFOC	Ella Gilbert NOR	Thomas Louth WAO	Tom Hemingway WAO

East Anglian Orienteering Champions	14th March 2010	15th February 2009	17th February 2008	4th February 2007	12th March 2006	18th September 2005	28th March 2004	23rd February 2003
	SOS	SMOC	SUFFOC	WAOC	NOR	SOS	NOR	SMOC
	Donylands	Silverstone North	King's Forest	Croxton Heath	Sandringham	Hatfield Forest	Hockham	Silverstone Woods
W10	-	-	Alexandra Fox WAOC	Elizabeth Barker WAOC	-	Rhiannon Ware SOS	Jacqui Doyle NOR	Alice Campbell WAOC
W12	Bronwen Mansel SUFFOC	Bronwen Mansel SUFFOC	-	Helen Judd WAOC	-	-	Sophie Louth WAOC	Sophie Louth WAOC
W14	Rhiannon Ware SOS	-	-	-	Sophie Louth WAOC	Sophie Louth WAOC	Leanne Barnes NOR	-
W16	-	-	Hannah Newton SOS	Jacqueline Heybrooke WAOC	Jacqueline Heybrooke WAOC	Sarah Park SOS	Joanne West SOS	Clare Woods WAOC
W18	Sophie Louth WAOC	Jacqueline Heybrock WAOC	Ellen Sanderson SOS	Sarah Park SOS	Clare Woods WAOC	Emma Johnson SOS	Katie Sellens SOS	
W20	-	-	Jaqueline Heybrock WAOC	-	Emma Johnson SOS	Jo West SOS	Hazel Tant SOS	
W21/Open	Lenka Anstead SUFFOC	-	Anna Falk WAOC	Elsbeth Ingleby CUOC	Katie Sellens SOS	Sarah Wright NOR	Sarah Wright NOR	
W35	Anna Falk WAOC	Claire Harrison SOS	-	-	Julia Crook WAOC	Julia Crook WAOC	Julia Wotton WAOC	Julia Wotton WAOC
W40	Rachel Pocock WAOC	Tracey Apperley SOS	Alison Fox WAOC	Julia Crook WAOC	Erica Pilkington WAOC	Louise Walker SUFFOC	Caroline Louth WAOC	Helen Lloyd NOR
W45	Frances Cooper WAOC	Caroline Louth WAOC	Helen Lloyd NOR	Wendy Joners WAOC	Kim Eden NOR	Sue Woods WAOC	Hilary Sellens SOS	
W50	Janet Cronk WAOC	Barbara Fothergill HAVOC	Hillary Sellens SOS	Hilary Sellens SOS	Hillary Sellens SOS	Janis Ryall WAOC	Lindsey Freeman WAOC	
W55	Maria Marshall WAOC	Janet Biggs HAVOC	Lindsey Freeman WAOC	Lindsey Freeman WAOC	Marion Fitt NOR	Estella Ward NOR	Jenny Collyer SOS	Jenny Collyer SOS
W60	Rosie Shaw SMOC	Jenny Collyer SOS	Jenny Collyer SOS	Geraldine Russell SOS	Jenny Collyer SOS	Jenny Collyer SOS	Gillian Pilgrim NOR	
W65	Geraldine Russell SOS	Geraldine Russell SOS	Gill Pilgrim NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR	
W70	Seonaid Dudley WAOC	-	Barbara George NOR	Barbara George NOR	Ursula Oxbrough WAOC	Anne Duncumb WAOC	Barbara George NOR	Anne Duncumb WAOC
W75	Barbara George NOR	Barbara George NOR	Anne Duncumb WAOC	Anne Duncome WAOC	Anne Duncome WAOC		Sheila Farnbank NOR	
W80								
M10	Duncan Cooper WAOC	James Nisbet SMOC	William Louth WAOC	William Louth WAOC	William Louth WAOC	William Louth WAOC	Thomas Louth WAOC	Thomas Louth WAOC
M12	William Louth WAOC	Thomas Birkett SOS	Thomas Birkett SOS	Matthew Haynes WAOC	Thomas Louth WAOC	Thomas Louth WAOC	Adam Chalkley NOR	Adam Chalkley NOR
M14	Thomas Birkett SOS	Jonathan Heybrock WAOC	Thomas Louth WAOC	Thomas Louth WAOC	Jonathan Cronk WAOC	James Park SOS	Edward Louth WAOC	Jamie Taylor WAOC
M16	Will Hooton SUFFOC	-	Jonathan Cronk WAOC	James Park SOS	Edward Louth WAOC	Edward Louth WAOC	Simon Gardner WAOC	Mark Chalkley NOR
M18	Jonny Cronk WAOC	-	James Park SOS	Edward Louth WAOC	Simon Gardner WAOC	Simon Gardner WAOC	Jonathan Pye SOS	
M20	James Park SOS	-	Edward Louth WAOC	James Lyne SOS	James Lyne SOS	James Lyne SOS	Peter Gardner WAOC	
M21/Open	Neil Carter SUFFOC	Dil Wetherill WAOC	Chris Sellens SOS	Tim Lenton NOR	Rolf Crook WAOC	Rolf Crook WAOC	Rolf Crook WAOC	
M35	Andrew Elliott SUFFOC	Duncan Harrison SOS	Robert Frost NOR	Robert Frost NOR	Robert Frost NOR	Rob Weed SUFFOC	Ian Renfrew WAOC	Robert Campbell WAOC
M40	Ronny Falk WAOC	-	Dil Weatherill WAOC	Dil Weatherill WAOC	Dil Weatherill WAOC	Dil Weatherill WAOC	Paul Beckett HAVOC	Ian Maynard HAVOC
M45	Michael Belshaw NOR	Paul Beckett HAVOC	Paul Beckett HAVOC	Mike Belshaw NOR	Neil Humphries WAOC	Neil Humphries WAOC	Richard Bonnett SOS	Richard Bonnett SOS
M50	Mike Capper WAOC	Mike Capper WAOC	Mike Capper WAOC	Kevin Smith NOR	Martin Sellens SOS	Richard Bonnett SOS	Martin Sellens SOS	R Beard WAOC
M55	Richard Bonnett SOS	Mike Jones SMOC	Martin Sellens SOS	Martin Sellens SOS	Stephen Searle NOR	Mick Liston NOR	Malcolm Mann WAOC	Garry Parmenter HAVOC
M60	Michael Bickle WAOC	Garry Parmenter HAVOC	Mike Bickle WAOC	Garry Parmenter HAVOC	Garry Parmenter HAVOC	Pat Martin NOR	John Ward NOR	John Ward NOR
M65	John Ward NOR	Chris Morley WAOC	Chris Morley WAOC	John Ward NOR	Chris Morley WAOC	Chris Morley WAOC	John Webb SUFFOC	
M70	Chris Morley WAOC	-	John Harvey NOR	-	Peter Leverington NOR	Jack Isbester SOS	Colin Curtis WAOC	-
M75	Jack Isbester SOS	Norman Howarth NOR	Norman Howarth NOR	John Peel NOR	Norman Howarth NOR	Maurice Capper WAOC	John Peel NOR	-
M80								
Joan George Junior Trophy	Jonathon Cronk WAOC	Thomas Birkett SOS	Jacqueline Heybrock WAOC	Edward Louth WAOC	James Lyne SOS	James Lyne SOS	Hazel Tant SOS	Laurence Ball NOR

East Anglian Orienteering Champions	17th March 2002	2nd December 2001	23rd January 2000	28th March 1999	29th March 1998	16th March 1997	24th March 1996	30th April 1995	27th March 1994
	NOR	RAFO	CUOC	WASH	NOR	WAOC	NOR	WASH	WAOC
	Sheringham & Weybourne	Lynford	High Lodge Warren	Sandringham	Kelling & Bodham	Rishbeth Warren	Lynford	Cockley Cley	Thetford & Rishbeth
W10	Sophie Louth WAOC	Alice Campbell WAOC	-	Emily Bedder NOR	Joanne West SOS	Joanne West SOS			
W12	Sarah Lyne SOS	-	-	Joanne West SOS	Helen Gardner WAOC	Helen Gardner WAOC			
W14	Clare Woods WAOC	Emma Johnson SOS	Helen Gardner WAOC	Helen Gardner WAOC	Nicola Robertson SOS	Eleanor West SOS			
W16	Katie Sellens SOS	Hazel Tant SOS	Suzannah Robertson SOS	Eleanor West SOS					
W18									
W20									
W21/Open									
W35	Julia Wotton WAOC	J Collyer SOS	Karen Goldsworthy NOR	N Nicholls NOR	Helen Lloyd NOR	Helen Lloyd NOR	Helen Lloyd NOR	Helen Lloyd NOR	Kim Eden NOR
W40	Helen Lloyd NOR				Kim Eden NOR	Kim Eden NOR			
W45									
W50									
W55	F Coventry NOR	-	Jenny Collyer SOS	Satu Peregrine WAOC	Gill Pilgrim NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR
W60									
W65	Barbara George NOR	Barbara George NOR	Ursula Oxburgh WAOC	Ursula Oxburgh WAOC	Anne Duncumb WAOC	Anne Duncumb WAOC	Anne Duncumb WAOC	Sheila Farnbank NOR	Pauline Stephens SOS
W70	J Peel NOR			Sheila Farnbank NOR	Pauline Stevens SOS	Pauline Stevens SOS	Pauline Stevens SOS	Pauline Stevens SOS	S Sills
W75									
W80									
M10	Adam Chalkley NOR	Matthew Bedder NOR	Philip Humphries WAOC	Philip Humphries WAOC	Simon Gardner WAOC	Sebastian Pugh SOS			
M12	Sophie Louth WAOC	Jamie Taylor WAOC	Simon Gardner WAOC	Simon Gardner WAOC	Laurence Ball NOR	David West SOS			
M14	James Lyne SOS	Martin Humphries WAOC	Laurence Ball NOR	Peter Gardner WAOC	Chris Sellens SOS	Rory Matheson WAOC			
M16	Martin Humphries WAOC	David West SOS	Chris Sellens SOS	Mark Larwood NOR	Philip Braham-Jones				
M18									
M20									
M21/Open									
M35	Robert Campbell WAOC	Robert Campbell WAOC	Bert Park BAOC	Roger Williams SMOC	Mick Belshaw BAOC	Mick Belshaw BAOC	Andy Mallley SOS	Mike Capper WAOC	
M40	Neil Humphries WAOC	Neil Humphries WAOC	Neil Humphries WAOC	C Baker NOR		Richard Bonnett BAOC		Martin Sellens SOS	A Ebdon RAFO
M45	Clive Tant SOS	Martin Sellens SOS	Martin Sellens SOS	Martin Sellens SOS	Martin Sellens SOS	P Nicholls NOR/RAFO	Malcolm Mann WAOC	Malcolm Mann WAOC	John Collyer SOS
M50	Mick Liston RAFO	Martin Hore SUFFOC	Bill Morgan NOR		Malcolm Mann WAOC	Pat Martin NOR	John Collyer SOS	John Collyer SOS	Arthur Boyt HH
M55	John Collyer SOS	John Collyer SOS	Pat Martin NOR	-	Chris Morley WAOC	Chris Morley WAOC	Chris Morley WAOC	Chris Morley WAOC	D Rose SMOC
M60	Chris Morley WAOC	Chris Morley WAOC	Chris Morley WAOC	C Thorne DRONGO	Jack Isbester SOS	C R Thorne DRONGO	Jack Isbester SOS	P Pratt HH	P Pratt HH
M65									
M70	Mike George NOR	-	-	John Peel NOR	John Peel NOR	John Peel NOR	Lionel Eagles NOR	Peter Softley	Lionel Eagles NOR
M75	John Peel NOR	Maurice Capper WAOC	Maurice Capper WAOC						
M80									
Joan George Junior Trophy	Katie Sellens SOS	Suzannah Robertson SOS	Eleanor West SOS	Ian Wadeson WAOC	Kate Kelleher NOR				

